

# Attachment Parenting

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## INTERNATIONAL<sup>®</sup>



API Bibliography:  
Recommended Books and  
Other Media for Parents, Leaders,  
Professionals, and Group Libraries



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**API Bibliography:**  
**Recommended Books and Other Media for Parents,**  
**Leaders, Professionals, and Group Libraries**

The API Bibliography is a collection of books, videos, CDs and DVDs that each support one or more of the ideals of Attachment Parenting. It is presented as a resource to help families investigate, embark upon, or continue their personal journey of Attachment Parenting. No one book can offer a complete study of Attachment Parenting or of specific API Ideals. Different books offer alternative perspectives on the same concepts and may resonate more clearly for some families than others. For optimal support and inspiration, API highly recommends that families read multiple books listed in the API Bibliography, discuss concepts and tools with other Attachment Parenting families, and listen to their own instincts and intuition regarding the unique needs of their children and family. For more information about the API Bibliography, or for information on attending a local API support group, please contact [www.attachmentparenting.org](http://www.attachmentparenting.org).

We encourage API Leaders who wish to suggest additional books or materials for API Group Library use, to contact the Coordinator of the API Book Review Committee at [books@attachmentparenting.org](mailto:books@attachmentparenting.org) with their suggestions. Please use API's Library Recommendation Form for this purpose.

We include in this packet a statement on a separate sheet (which you can mount to cardboard if you like) that we would like you to post on your Group Library Table:

“While these books contain valuable information, they may also include some passages that do not follow API Philosophy. For example, API does not support any reference to spanking or hurting children. Please use your own discretion in reading these books or in considering any parenting philosophy.”

Materials are listed by topic with primary materials first. Additional recommendations for further reading follow. All materials are listed in alphabetical order and do not denote a ranking of books.



## For Leaders and Parents

### Section One: General Attachment Parenting

#### Primary Materials

<i>The Attachment Parenting Book: A Commonsense Guide to Understanding and Nurturing Your Baby</i>	Sears, William, MD, and Martha Sears, RN	Little, Brown and Co.	2001
<i>Attachment Parenting: Instinctive Care for Your Baby and Young Child</i>	Granju, Katie Allison, and Betsy Kennedy	Atria Books	1999
<i>The Continuum Concept: In Search of Happiness Lost</i>	Liedloff, Jean	Addison Wesley Publishing Co.	1986
<i>Hold on to Your Kids: Why Parents Need to Matter More Than Peers</i>	Neufeld, Gordon, MD, and Gabor Maté	Ballantine Books	2005
<i>Our Babies, Ourselves—How Biology and Culture Shape the Way We Parent</i>	Small, Meredith F.	Anchor Books	1999

#### For Additional Reading

<i>Baby Matters: What Your Doctor May Not Tell You About Caring for Your Baby</i>	Palmer, Linda Folden, MD	Lucky Press	2001
<i>Creating the Capacity for Attachment: Treating Addictions and the Alienated Self</i>	Walant, Karen B.	Jason Aronson	2002
<i>Gentle Baby Care: No-cry, No-fuss, No-worry--Essential Tips for Raising Your Baby(7/06)</i>	Pantley, Elizabeth	McGraw-Hill	2003
<i>Kids: How Biology and Culture Shape the Way We Raise Our Children</i>	Small, Meredith F.	Doubleday	2001
<i>Mothering with Breastfeeding and Maternal Care</i>	Kawasaki, Mizin Park, MD	iUniverse, Inc.	2005
<i>The Natural Child: Parenting from the Heart</i>	Hunt, Jan	New Society Publishers	2001
<i>Natural Family Living: The Mothering Magazine Guide to Parenting (7/06)</i>	O'Mara, Peggy	Atria	2000
<i>Parenting for a Peaceful World</i>	Grille, Robin	Longueville Media	2005
<i>A Quiet Place: Essays on Life and Family (7/06)</i>	O'Mara, Peggy	Mothering Publications	2006



## Section Two: Preparing for Pregnancy, Birth and Parenting

### Primary Materials

<i>The Birth Book: Everything You Need to Know to Have a Safe and Satisfying Birth</i>	Sears, William, MD, and Martha Sears, RN	Little, Brown and Co.	1994
<i>A Guide to Effective Care in Pregnancy and Childbirth, 3<sup>rd</sup> Edition</i>	Enkin, Murray, et al.	Oxford University Press	2000
<i>The Pregnancy Book: Month-by-Month, Everything You Need to Know from America's Baby Experts</i>	Sears, William, MD, and Martha Sears, RN	Little, Brown and Co.	1997
<i>The Thinking Woman's Guide to a Better Birth</i>	Goer, Henci	Perigee Trade	1999

### For Additional Reading

<i>Gentle Birth Choices: A Guide to Making Informed Decisions about Birthing Centers, Birth Attendants, Water Birth, Home Birth, and Hospital Birth</i>	Harper, Barbara	Healing Arts Press	1994
<i>Ina May's Guide to Childbirth</i>	Gaskin, Ina May	Bantam Dell Publishing Group	2003
<i>Magical Beginnings, Enchanted Lives: A Holistic Guide to Pregnancy and Childbirth</i>	Chopra, Deepak, MD, et al.	Three Rivers Press	2005
<i>Mothering Magazine's Having a Baby, Naturally: The Mothering Magazine Guide to Pregnancy and Childbirth</i>	O'Mara, Peggy	Atria Books	2003
<i>The Official Lamaze Guide: Giving Birth with Confidence (7/06)</i>	Lothia, Judith and DeVriies, Charlotte	Meadowbrook	2005



### Section Three: Feeding with Love and Respect

All books approved under the category of **Breastfeeding** through La Leche League International are automatically approved by API. All other books on the LLLI Bibliography are subject to evaluation by the API Book Review Committee. This guideline only applies to LLLI's breastfeeding books. See [www.lalecheleague.org/llleaderweb/BEC/bibliography.html](http://www.lalecheleague.org/llleaderweb/BEC/bibliography.html) for more information.

#### Primary Materials

<i>The Ultimate Breastfeeding Book of Answers: The Most Comprehensive Problem-Solution Guide to Breastfeeding from the Foremost Expert in North America</i>	Newman, Jack, MD, and Teresa Pitman	Prima Lifestyles	2000
<i>The Womanly Art of Breastfeeding, 7<sup>th</sup> Revised Edition</i>	La Leche League International	Plume Books	2004

#### For Additional Reading

<i>Adventures in Tandem Nursing: Breastfeeding During Pregnancy and Beyond</i>	Flower, Hilary	La Leche League International	2003
<i>The Breastfeeding Answer Book, 3<sup>rd</sup> Revised Edition</i>	Mohrbacher, Nancy, and Julie Stock	La Leche League International	2003
<i>The Breastfeeding Café: Mothers Share the Joys, Challenges, and Secrets of Nursing</i>	Behrmann, Barbara	University of Michigan Press	2005
<i>How Weaning Happens</i>	Bengson, Diane	La Leche League International	2000
<i>Mothering Your Nursing Toddler, Revised Edition</i>	Bumgarner, Norma Jane	La Leche League International	2000



## Section Four: Emotional Responsiveness

### Primary Materials

<i>Connection Parenting: Parenting Through Connection Instead of Coercion, Through Love Instead of Fear, 2<sup>nd</sup> Edition</i>	Leo, Pam	Wyatt-MacKenzie Publishing	2005
<i>Nonviolent Communication: A Language of Life: Create Your Life, Your Relationships, and Your World in Harmony with Your Values</i>	Rosenberg, Marshall B.	Puddledancer Press	2003
<i>Playful Parenting</i>	Cohen, Lawrence J.	Ballantine Books	2002
<i>Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason</i>	Kohn, Alfie	Atria Books	2005
<i>Why Love Matters: How Affection Shapes a Baby's Brain</i>	Gerhardt, Sue	Brunner-Routledge	2004

### For Additional Reading

<i>Between Parent and Child: The Bestselling Classic That Revolutionized Parent-Child Communication (7/06)</i>	Ginott, Haim G., Ginott, Alice (Ed.) and Goddard, Wallace (Ed.)	Three Rivers Press	2003
<i>Between Parent and Teenager (7/06)</i>	Ginott, Haim G.	Avon	1988
<i>Brilliant Babies, Powerful Adults: Awaken the Genius Within (7/06)</i>	Mike, John	Select Press	1997
<i>Connecting with Kids Through Stories: Using Narratives To Facilitate Attachment In Adopted Children (7/06)</i>	Lacher, Denise, Nichols, Todd and May, Joanne	Jessica Kingsley Publishers	2005
<i>How to Talk so Kids Will Listen &amp; Listen so Kids Will Talk</i>	Faber, Adele, and Elaine Mazlish	Collins	1999
<i>How to Talk so Teens Will Listen and Listen so Teens Will Talk (7/06)</i>	Faber Adele, and Mazlish, Elaine	Collins	2005
<i>Kids, Parents and Power Struggles: Winning for a Lifetime (7/06)</i>	Kurcinka, Mary Sheedy	Harper Paperbacks	2001
<i>Listening to Your Baby: A New Approach to Parenting Your Newborn</i>	Gordon, Jay, MD	Perigee	2002
<i>Parent Effectiveness Training: The Proven Program for Raising Responsible Children (7/06)</i>	Gordon, Thomas	Three Rivers Press	2000



**Section Four: Emotional Responsiveness (additional reading continued)**

<i>Parenting from Your Heart: Sharing the Gifts of Compassion, Connection, and Choice</i>	Kashtan, Inbal	Puddledancer Press	2004
<i>Parenting with Peacefulness and Respect: The Most Difficult Job in the World (7/06)</i>	Dietzel, Louise A.	Starburst Publishers	1995
<i>Raising Children Compassionately: Parenting the Nonviolent Communication Way</i>	Rosenberg, Marshall B.	Puddledancer Press	2004
<i>Raising Our Children, Raising Ourselves: Transforming Parent-child Relationships from Reaction And Struggle to Freedom, Power And Joy(7/06)</i>	Aldort, Naomi	Book Publishers Network	2006



## Section Five: Baby Wearing and Nurturing Touch

### Primary Materials

<i>Becoming Attached: First Relationships and How They Shape Our Capacity to Love</i>	Karen, Robert	Oxford University Press	1998
<i>Bonding: Building the Foundations of Secure Attachment and Independence</i>	Klauss, Marshall H., MD, et al.	Perseus Books	1995
<i>A Secure Base: Parent-Child Attachment and Healthy Human Development</i>	Bowlby, John	Basic Books	1990
<i>The Vital Touch: How Intimate Contact With Your Baby Leads to Happier, Healthier Development</i>	Heller, Sharon	Owl Books	1997

### For Additional Reading

<i>Babywearing</i>	Blois, Maria, MD	Pharmasoft Publishing	2005
<i>Infant Massage: A Handbook for Loving Parents, Revised Edition</i>	McClure, Vimala Schneider	Bantam Dell Publishing Group	2000
<i>Touching: The Human Significance of the Skin, 3<sup>rd</sup> Edition</i>	Montagu, Ashley	Harper Paperbacks	1986



## Section Six: Nighttime Parenting

### Primary Materials

<i>The Family Bed</i>	Thevenin, Tine	Perigee Trade	1987
<i>Good Nights: The Happy Parents' Guide to the Family Bed (and a Peaceful Night's Sleep!)</i>	Gordon, Jay, MD, and Maria Goodavage	St. Martin's Griffin	2002
<i>Nighttime Parenting: How to Get Your Baby And Child to Sleep</i>	Sears, William, MD	Plume Books	1999
<i>Sweet Dreams: A Pediatrician's Secrets for Baby's Good Night's Sleep</i>	Fleiss, Paul, MD	McGraw-Hill	2000

### For Additional Reading

<i>The Baby Sleep Book: The Complete Guide to a Good Night's Rest for the Whole Family (7/06)</i>	Sears, William, Sears, Martha, Sears, Robert and Sears, James	Little Brown	2005
<i>Crying Baby, Sleepless Nights: Why Your Baby Is Crying and What You Can Do About It, Revised Edition</i>	Jones, Sandy	Harvard Common Press	1992
<i>SIDS: A Parent's Guide to Understanding and Preventing Sudden Infant Death Syndrome</i>	Sears, William, MD	Little, Brown and Co.	1996
<i>Three in a Bed: The Benefits of Sharing Your Bed With Your Baby</i>	Jackson, Deborah	Bloomsbury USA	1999

## Section Seven: Providing Consistent Loving Care

### Primary Materials

<i>The Baby Book: Everything You Need to Know About Your Baby from Birth to Age Two</i>	Sears, William, MD, and Martha Sears, RN	Little, Brown and Co.	2003
<i>Being There: The Benefits of a Stay-At-Home Parent</i>	Fox, Isabelle	Barrons Educational Series	1996
<i>The Continuum Concept: In Search of Happiness Lost</i>	Liedloff, Jean	Addison Wesley Publishing Co.	1986



## Section Eight: Positive Discipline

### Primary Materials

<i>Connection Parenting: Parenting Through Connection Instead of Coercion, Through Love Instead of Fear</i>	Leo, Pam	Wyatt-MacKenzie Publishing	2005
<i>The Discipline Book: How to Have a Better Behaved Child from Birth to Age Ten</i>	Sears, William, MD, and Martha Sears, RN	Little, Brown and Co.	1995
<i>How to Talk So Kids Will Listen &amp; Listen So Kids Will Talk</i>	Faber, Adele, and Elaine Mazlish	Collins	1999
<i>Nonviolent Communication: A Language of Life: Create Your Life, Your Relationships, and Your World in Harmony with Your Values</i>	Rosenberg, Marshall B.	Puddledancer Press	2003
<i>Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason</i>	Kohn, Alfie	Atria Books	2005

### For Additional Reading

<i>For Your Own Good: Hidden Cruelty in Child-rearing and the Roots of Violence, 3<sup>rd</sup> Edition</i>	Miller, Alice	Farrar, Straus and Giroux	1990
<i>How to Really Love Your Child</i>	Campbell, D. Ross, MD	Cook Communications	2004
<i>How to Really Love Your Teen</i>	Campbell, D. Ross, MD	Cook Communications	2004
<i>Kids are Worth It: Giving Your Child the Gift of Inner Discipline, Revised Edition</i>	Coloroso, Barbara	Collins	2002
<i>Love and Limits: Guidance Tools for Creative Parenting</i>	Crary, Elizabeth	Parenting Press	1994
<i>Loving Your Child is Not Enough: Positive Discipline That Works</i>	Samalin, Nancy, and Martha Moraghan Jablow	Penguin	1998
<i>Parent Effectiveness Training: The Proven Program for Raising Responsible Children (7/06)</i>	Gordon, Thomas	Three Rivers Press	2000



**Section Eight: Positive Discipline (additional reading continued)**

<i>Positive Discipline for Teenagers: Empowering Your Teens and Yourself Through Kind and Firm Parenting, 2<sup>nd</sup> Revised Edition</i>	Nelsen, Jane, and Lynn Lott	Three Rivers Press	2000
<i>Positive Parenting for a Peaceful World: A Practical Guide for the First Twelve Years (7/06)</i>	Tod, Ruth	Gaia	2005
<i>Raising Your Child Not By Force but By Love</i>	Craig, Sidney D.	Westminster John Knox Press	1982
<i>Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too</i>	Faber, Adele, and Elaine Mazlish	Collins	1998



## Section Nine: Striving for Balance in Your Family Life

### Primary Materials

<i>Everyday Blessings: The Inner Work of Mindful Parenting</i>	Kabat-Zinn, Jon, and Myla Kabat-Zinn	Hyperion	1998
<i>Shelter for the Spirit: Create Your Own Haven in a Hectic World</i>	Moran, Victoria	Harper Paperbacks	1998

## Section Ten: Child Development and Understanding Cognitive Levels

### Primary Materials

<i>The Baby Book: Everything You Need to Know about Your Baby from Birth to Age Two</i>	Sears, William, MD, and Martha Sears, RN	Little, Brown and Co.	2003
<i>The Fussy Baby Book: Parenting Your High-Need Child from Birth to Age Five</i>	Sears, William, MD and Martha Sears, RN	Little, Brown and Co.	1996
<i>Growing Together: A Parent's Guide to Baby's First Year</i>	Sears, William, MD	La Leche League International	1987
<i>Growing Up: Attachment Parenting from Kindergarten to College</i>	Fox, Isabelle	Sun Publishers	2003
<i>How to Talk so Teens Will Listen and Listen so Teens Will Talk (7/06)</i>	Faber, Adele and Mazlish, Elaine	Collins	2005

### For Additional Reading

<i>The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children (7/06)</i>	Greene, Ross	Harper Paperbacks	2005
<i>The Happiest Baby on the Block: The New Way to Calm Crying and Help Your Newborn Baby Sleep Longer</i>	Karp, Harvey, MD	Bantam Dell Publishing Group	2003
<i>The Highly Sensitive Child: Helping Our Children Thrive When the World Overwhelms Them (7/06)</i>	Aron, Elaine	Broadway	2002
<i>Letting Go: A Parent's Guide to Understanding the College Years, 4<sup>th</sup> Edition</i>	Coburn, Karen Levin and Madge Lawrence Treeger	Harper Paperbacks	2003
<i>Magical Child</i>	Pearce, Joseph Chilton	Plume Books	1992
<i>Magical Child Matures</i>	Pearce, Joseph Chilton	EP Dutton	1985



**Section Ten: Child Development and Understanding Cognitive Levels (additional reading continued)**

<i>Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, Energetic</i>	Kurcinka, Mary Sheedy	Harper Paperbacks	1998
<i>Staying Connected to Your Teenager: How to Keep Them Talking to You and How to Hear What They're Really Saying (7/06)</i>	Riera, Michael	Perseus Publishing	2003
<i>The Successful Child: What Parents Can Do to Help Their Kids Turn Out Well</i>	Sears, William, MD, and Martha Sears, RN, with Elizabeth Pantley	Little, Brown and Co.	2002
<i>Teenagers and Parents: Ten Steps for a Better Relationship, 4<sup>th</sup> Edition</i>	McIntire, Roger	Summit Crossroads Press	2000
<i>Uncommon Sense for Parents with Teenagers (7/06)</i>	Riera, Michael	Celestial	2004
<i>Your Amazing Newborn</i>	Klaus, Marshall H., and Phyllis H. Klaus	Perseus Books	2000



*The following books, The Gesell Institute Child Development Series, are included because they contain excellent information on developmental milestones and child development, but they also contain recommendations for parenting techniques inconsistent with API philosophy, so please use discretion when considering any of the recommendations.*

**For Additional Reading**

<i>Your One Year Old: The Fun Loving, Fussy 12- To 24- Month Old</i>	Ames, Louise Bates, et al.	Dell	1983
<i>Your Two Year Old: Terrible or Tender</i>	Ames, Louise Bates, and Frances L. Ilg, MD	Dell	1980
<i>Your Three Year Old: Friend or Enemy</i>	Ames, Louise Bates, and Frances L. Ilg, MD	Dell	1980
<i>Your Four Year Old: Wild and Wonderful</i>	Ames, Louise Bates, and Frances L. Ilg, MD	Dell	1980
<i>Your Five Year Old: Sunny and Serene</i>	Ames, Louise Bates, and Frances L. Ilg, MD	Dell	1981
<i>Your Six Year Old: Loving and Defiant</i>	Ames, Louise Bates, and Frances L. Ilg, MD	Dell	1981
<i>Your Seven Year Old: Life in a Minor Key</i>	Ames, Louise Bates, and Carol Chase Haber	Dell	1987
<i>Your Eight Year Old: Lively and Outgoing</i>	Ames, Louise Bates, and Carol Chase Haber	Dell	1990
<i>Your Nine Year Old: Thoughtful and Mysterious</i>	Ames, Louise Bates, and Carol Chase Haber	Dell	1991
<i>Your Ten to Fourteen Year Old</i>	Ames, Louise Bates, and Carol Chase Haber	Dell	1989



## Section Eleven: Optimizing Physical and Emotional Health

### Primary Materials

<i>Safe and Healthy: A Parent's Guide to Children's Illnesses and Accidents</i>	Sears, William,	La Leche League International	1989
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### For Additional Reading

<i>Infant Massage: A Handbook for Loving Parents, Revised Edition</i>	McClure, Vimala Schneider	Bantam Dell Publishing Group	2000
<i>Parenting a Free Child: An Unschooling Life (7/06)</i>	Rue Kream	Rue Kream	2005
<i>Protecting the Gift: Keeping Children and Teenagers Safe (and Parents Sane) (7/06)</i>	DeBecker, Gavin	Dell	2000
<i>Whole Foods for Babies and Toddlers (7/06)</i>	Kenda, Margaret	La Leche League International	2001
<i>Whole Foods for Kids to Cook (7/06)</i>	La Leche League International and Torgus, Judy	Favorite Recipes Press	1997
<i>Whole Foods for the Whole Family (7/06)</i>	La Leche League International	New American Library Trade	1993



## Section Twelve: Becoming a Parent

### For Mothers:

#### Primary Materials

<i>The Year After Childbirth</i>	Kitzinger, Sheila	Fireside	1996
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#### For Additional Reading

<i>The Hidden Feelings of Motherhood: Coping with Stress, Depression and Burnout, 2<sup>nd</sup> Edition</i>	Kendall-Tackett, Kathleen A.	Pharmasoft Publishing	2005
<i>Home by Choice: Raising Emotionally Secure Children in an Insecure World</i>	Hunter, Brenda	Multnomah	2000
<i>Ourselves as Mothers: The Universal Experience of Motherhood</i>	Kitzinger, Sheila	Perseus Books	1994
<i>Sequencing</i>	Cardoza, Arlene Rossen	Brownstone Books	1996
<i>This Isn't What I Expected: Overcoming Postpartum Depression</i>	Kleiman, Karen, MSW, and Valerie D. Raskin, MD	Bantam Dell Publishing Group	1994
<i>Twenty-Five Things Every Mother Should Know</i>	Sears, Martha, RN, with William Sears, MD	Harvard Common Press	2005

### For Fathers:

#### Primary Materials

<i>Becoming a Father: How to Nurture and Enjoy Your Family, 2<sup>nd</sup> Edition</i>	Sears, William, MD	La Leche League International	2003
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#### For Additional Reading

<i>Covering Home: Lessons on the Art of Fathering from the Game of Baseball</i>	Petrash, Jack	Robins Lane Press	2003
<i>Fathering Right From the Start: Straight Talk about Pregnancy, Birth and Beyond</i>	Heinowitz, Jack	New World Library	2001

### General:

#### Primary Materials

<i>Every Child's Birthright: In Defense of Mothering</i>	Fraiberg, Selma	Basic Books	1977
<i>Mothering and Fathering: The Gender Differences in Child Rearing</i>	Thevenin, Tine	Avery	1993



## For Children

### Primary Materials

<i>Baby on the Way</i>	Sears, William, MD, et al.	Little, Brown and Co.	2001
<i>The Best Gifts</i>	Skrypuch, Marsha Forchuk and Halina Below	Fitzhenry and Whiteside Limited	1999
<i>The Biggest Bed in the World</i>	Camp, Lindsay, and Jonathan Langley	Picture Lions	2000
<i>Breastmilk Makes My Tummy Yummy</i>	Moen, Cecilia	Midsummer Press	1999
<i>The Cuddlers</i>	Morgan, Stacy Towle, and Marvin Jarboe	La Leche League International	1993
<i>Families Are Forever</i>	Shemin, Craig, et al.	As Simple As That	2003
<i>A Gift for Baby</i>	Hunt, Jan, and Sunny Rosenbalm	Natural Child Project	2006
<i>On the Day You Were Born</i>	Frasier, Debra	Harcourt Children's Books	1991
<i>A Ride on Mother's Back: A Day of Baby Carrying Around the World</i>	Bernhard, Emery, and Durga Bernhard	Gulliver Books	1996
<i>Welcome with Love</i>	Overend, Jenni, and Julie Vivas	Kane/Miller Book Publishers	1999
<i>We Like to Nurse</i>	Martin, Chia, and Shukyo Linn Rainey	Hohm Press	1994
<i>What Baby Needs</i>	Sears, William, MD, et al.	Little, Brown and Co.	2001
<i>Who Has a Belly Button? (7/06)</i>	Batten, Mary and Bond, Higgins	Peachtree Publishers	2003



## For Leaders and Professionals

### Specific Situations

#### Primary Materials

<i>The ADD Book: New Understanding, New Approaches to Parenting Your Child</i>	Thompson, Lynda, Ph.D., and William Sears, MD	Little, Brown and Co.	1998
<i>Becoming A Family: Promoting Healthy Attachments with Your Adopted Child</i>	Eshleman, Lark	Taylor Trade Publishing	2003
<i>The Bully, the Bullied, and the Bystander: From Preschool to High School—How Parents and Teachers Can Help Break the Cycle of Violence</i>	Coloroso, Barbara	Collins	2004
<i>Kangaroo Care: The Best You Can Do to Help Your Preterm Infant</i>	Luddington-Hoe, Susan, with Susan K. Golant	Bantam Dell Publishing Group	1993
<i>Parenting Through Crisis: Helping Kids in Times of Loss, Grief, and Change</i>	Coloroso, Barbara	Collins	2001

### Group Leading/Facilitating

#### Primary Materials

<i>People Skills: How to Assert Yourself, Listen to Others, and Resolve Conflicts</i>	Bolton, Robert	Touchstone	1986
<i>Taking Learning to Task: Creative Strategies for Teaching Adults</i>	Vella, Jane	Jossey-Bass	2000

### Just for Fun

(Fiction or Memoirs with an AP philosophy)

#### Primary Materials

<i>Let the Baby Drive: Navigating the Road of New Motherhood</i>	Hanessian, Lu	St. Martin's Press	2004
<i>Loving Mama: Essays on Natural Parenting and Motherhood</i>	Palisi, Tiffany (ed.)	Hats Off Books	2004



## Non-Print Materials

### Primary Materials

<i>The Greatest Cruelty</i> [video tape]	<a href="http://www.empathicparenting.org">www.empathicparenting.org</a> Hacker, Fred, producer	Canadian Society for Prevention of Cruelty to Children	1985
<i>Magical Child, Magical Adult</i> [audio tape]	Pearce, Joseph Chilton	Sound Horizons Audio-Video	1994
<i>Tummy 2 Tummy: The Babywearing Instructional DVD</i> [DVD]	<a href="http://www.tummy2tummy.com">www.tummy2tummy.com</a>	Parenting Revolution	2005
<i>What Babies Want: An Exploration of the Consciousness of Infants</i> [video/DVD]	<a href="http://www.whatbabieswant.com">www.whatbabieswant.com</a> Takikawa, Debby, producer	Beginnings, Inc	2005
<i>Winning at Parenting—Without Beating Your Kids</i> [audio tape]	Coloroso, Barbara	Kids are Worth It!	2004